



Komohale News

A publication of Komohale Services

Free Vision Screenings & COVID Boosters

Free vision screenings and COVID-19 booster shots are scheduled right where you live. Preventive vision screenings can discover eye health problems that include glasses for children or reducing the risk of falls in seniors, while booster shots can help protect you from COVID variants.

Pre-registration is recommended; please sign up in your Community Room. Vision screenings and booster shots, both offered in cooperation with Project Vision Hawaii, are part of Komohale Services' effort to keep you and your community healthy.

PROPERTY	PRE-REGISTRATION		VISION SCREENINGS & COVID BOOSTERS		
	DATE	TIME	DATE	TIME	LOCATION
Hale Kewalo	Jun 16	3PM-6PM	Jun 18	9AM-2PM	Community Rm
Pohulani Elderly	Jul 13	3PM-6PM	Jul 16	9AM-2PM	Coral Street
Kekuilani Courts	Aug 17	3PM-6PM	Aug 20	9AM-2PM	Community Rm

Check the Schedule at Your Home!

For more information on upcoming screenings and other activities, please check the notices or video screens in your property's lobby, elevator or laundry room.

KOMOHALE SERVICES: INFO@KOMOHALE.ORG



Kauhale Kakaako residents wait for vision screening on April 12 offered by Project Vision Hawaii

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Special points of interest

- Share your favorite recipe for a future issue of Komohale Eats
- Meet your neighbors and learn their likes in the Komohale Poll
- Email suggestions for future stories to info@komohale.org



Shoyu Ginger Chicken

Komohale Eats

Shoyu Ginger Chicken

¾ cup shoyu
1½ cups water
½ cup sugar
½ cup fresh ginger, sliced thick
6 chicken thighs

Combine all ingredients in a large pot. Bring to a boil and simmer for one hour, or until thighs are cooked. Serve with rice. Note – the recipe doubles or triples well.

“This is one of my favorite family-style recipes, because it’s easy, quick and uses only five ingredients that are always in my kitchen. As a Team Mom, I made it for my son’s little league baseball team. The dish transports well in a crockpot and was always popular with the boys after playing in the sun all morning or afternoon.”

Pamela Witty-Oakland
Komohale Services Executive Director

Do you have a favorite family recipe for a dish that brings back special memories? Please share it, along with a photo and why you enjoy it. Email to info@komohale.org.

Ways to Save Water

In anticipation of a long, hot and dry summer season, the Board of Water Supply is asking Oahu residents and businesses to reduce their water use at least by 10%. This is geared primarily to the areas from Halawa to Hawaii Kai, due to the Red Hill water crisis. However, reduced water use is good practice for everyone.

Here are a few tips:

- Turn off the bathroom faucet while brushing your teeth.
- Fill the kitchen sink and use the stopper when washing dishes. Don’t leave the water running.
- Turn taps off tightly so they don’t drip.
- Take shorter showers.
- Check for leaky sinks or toilets and get them fixed.
- Wash only full loads in the washing machine.

WaterWisdom Wednesdays

- Sponsored by the Board of Water Supply on Hawaii News Now (KGMB and K5). The informative segment airs every Wednesday on “Sunrise,” between 7AM and 8AM.



**Gidget Chase, Goodwill's
Financial Education Specialist**

Komohale Services Partners with Goodwill Hawaii

Through an exciting, new partnership with Goodwill Hawaii, Komohale Services will be able to offer residents an array of free services from onsite training to resource referrals. These services include financial education, digital skills training, job readiness, resources and referrals, free income tax clinics (Volunteer Income Tax Assistance), and more. Our partnership with Goodwill Hawaii is made possible through a grant from Aloha United Way.

Gidget Chase, Goodwill's Financial Education Specialist, will join you on site at convenient times to offer you services, answer your questions, and help connect you to resources you may need to improve your household's financial well-being. For more information, email info@komohale.org.



“Our success has really been based on partnerships from the very beginning.”

- Bill Gates, Microsoft co-founder

Komohale Poll What is Your Favorite Pastime?



ANN MILLER
Kekuilani Courts, Kapolei

“Movie nights with the family. We enjoy spending quality time with each other.”

Notes from the Executive Director

Founded by Stanford Carr Development, the nonprofit Komohale Services is here to support the residents of the company's affordable housing properties by “providing educational, vocational and lifestyle resources to achieve their personal best.” The success of Komohale Services and being able to deliver our mission is truly based on PARTNERSHIPS.

Project Vision Hawaii, which continues to provide vision screenings and COVID booster shots, is a valued community partner. Another developing partnership is with Goodwill Hawaii at four Oahu properties. Soon, you'll learn more about Goodwill's host of free onsite services that will be available, ranging from financial literacy, digital skills training and job readiness training, to resources and referrals. As part of our capacity building, we will continue to seek other partnerships. First and foremost, our most important partnership is with you. In this issue of *Komohale News*, we launch a regular column, Komohale Poll, as we feature residents and their responses to a conversation question. We hope you enjoy it and will want to participate for a future issue.

We want to hear from you. Let us know how we can support you and your family and neighbors. Please email info@komohale.org.

Thank you,

Pamela Witty-Oakland
Executive Director

Komohale Poll

What is Your Favorite Pastime?



CHRISTY JONES
Halekauwila Place, Honolulu

“Going for a walk. I walk early in the morning around Diamond Head or after dinner around my neighborhood. Walking helps me to clear my mind. If I focus on the music that's on my playlist, I can walk for hours.”



WILLIAM PIETSCH
Honokowai Kauhale, Lahaina, Maui

“Listening to music of all genres, including symphonies. Old classic rock-n-roll such as the Rolling Stones and Grateful Dead brings me back to my youth when I believed anything was possible. I take my headphones and go to watch a nice sunset and float away with my music and memories.”

Property Profile

Kekuilani Courts, 91-1083 Kekuilani Loop, Kapolei

Surrounded by towering palms and shade trees, Kekuilani Courts is an expansive complex with 10 two-story buildings on 4.3 acres in the vibrant community of Kapolei. Renovations, completed in 2021, included new roofing and exterior painting of all buildings, new flooring in the community center, and a new play structure and surfacing. In each unit, the kitchen and bathroom were refreshed with paint, new fixtures, cabinets and countertops, and new light fixtures, including ceiling fans, were installed in the bedrooms.

Among the residents, you'll meet young adults, families with young children and teens, and retirees. To encourage neighbors to connect, amenities include a community room, playground, barbecue/picnic area, and central laundry facilities. As an added benefit, Kekuilani Courts residents can register with the Villages of Kapolei Association and take advantage of the many offerings including the use of community halls, swimming pool and other



facilities and programs. The property is conveniently located within walking distance to schools for all grade levels, Ka Makana Alii—home to 100 shops and restaurants, and the City's bus line.

Kekuilani Gardens, which comprises 80 two-bedroom units, is currently 100% occupied. Applications with no fee are being accepted and added to the wait list. For more information, visit Kekuilanicourts.com.



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